



CMAS
THE WORLD UNDERWATER FEDERATION
POOL WORLD RECORDS

Update: **15-May-2024**

**CMAS Freediving
Commission**

		01 - STA - STATIC APNEA					
		Category	Record	Athlete	Country	Date of Record	Place of Record
01 STATIC	MEN	SENIOR	10:45.00	Branko PETROVIC	Serbia	11-Nov-2017	Subotica/Serbia
		JUNIOR					
		MASTER M1 (50-59)	09:27.84	Laurent de BEUCARON	France	11-May-2023	Kuwait
		MASTER M2 (60-69)					
		MASTER M3 (70-...)	07:05.91	Japec JAKOPIN	Slovenia	14-Jun-2022	Belgrade/Serbia
	SPECIAL NEEDS						
	WOMEN	SENIOR	08:53.150	Veronika DITTES	Austria	15-Jun-2017	Cagliari/Italy
		JUNIOR					
		MASTER M1 (50-59)	08:36.10	Heike MONIKA SCHWERDTNER	Germany	11-May-2023	Kuwait
		MASTER M2 (60-69)	05:02.08	Ute WEINRICH	Germany	14-Jun-2022	Belgrade/Serbia
MASTER M3 (70-...)							
SPECIAL NEEDS							

		02 - DYN - DYNAMIC WITH FIN (POOL-50 m.)					
		Category	Record	Athlete	Country	Date of Record	Place of Record
02 DYNAMIC WITH FIN 50 m	MEN	SENIOR	321.43 m.	Mateusz MALINA	Poland	15-Jun-2022	Belgrade/Serbia
		JUNIOR					
		MASTER M1 (50-59)	250 m.	Klaus KASTEN	Germany	12-May-2023	Kuwait
		MASTER M2 (60-69)	159 m.	Alberto GIANNINI	Switzerland	27-Apr-2024	Athens/Greece
		MASTER M3 (70-...)	186.35 m.	Japec JAKOPIN	Slovenia	15-Jun-2022	Belgrade/Serbia
	SPECIAL NEEDS	155.15 m.	Casper MARTI-BECKMANN	DENMARK	15-Jun-2022	Belgrade/Serbia	
	WOMEN	SENIOR	275.36 m.	Mirela KARDASEVIC	Croatia	15-Jun-2022	Belgrade/Serbia
		JUNIOR					
		MASTER M1 (50-59)	250 m.	Livia BREGONZIO	Italy	12-May-2023	Kuwait
		MASTER M2 (60-69)	111.5 m.	Galatia VOURVOULI	Greece	27-Apr-2024	Athens/Greece
MASTER M3 (70-...)							
SPECIAL NEEDS	115.5 m.	Ilenia COLANERO	Italy	20-Apr-2024	Torino/Italy		

		03 - DBF - DYNAMIC WITH BIFINS (POOL-50 m.)					
		Category	Record	Athlete	Country	Date of Record	Place of Record
03 DYNAMIC WITH BIFINS 50 m	MEN	SENIOR	292.15 m.	Goran COLAK	Croatia	10-May-2023	Kuwait
		JUNIOR					
		MASTER M1 (50-59)	212.70 m.	Klaus KASTEN	Germany	10-May-2023	Kuwait
		MASTER M2 (60-69)	155.05 m.	Francesco FRANCESCHINIS	Italy	10-May-2023	Kuwait
		MASTER M3 (70-...)	164 m.	Japec JAKOPIN	Slovenia	13-Jun-2022	Belgrade/Serbia
	SPECIAL NEEDS	143.90 m.	Casper MARTI-BECKMANN	DENMARK	13-Jun-2022	Belgrade/Serbia	
	WOMEN	SENIOR	263.64 m.	Magdalena SOLICH TALANDA	Poland	10-May-2023	Kuwait
		JUNIOR					
		MASTER M1 (50-59)	243.40 m.	Livia BREGONZIO	Italy	10-May-2023	Kuwait
		MASTER M2 (60-69)	105.70 m.	Ute WEINRICH	Germany	10-May-2023	Kuwait
MASTER M3 (70-...)							
SPECIAL NEEDS							



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		04 - DNF - DYNAMIC NO FIN (POOL-50 m.)					
		Category	Record	Athlete	Country	Date of Record	Place of Record
04 DYNAMIC WITH NOFIN 50 m	MEN	SENIOR	238 m.	Mateusz MALINA	Poland	2-May-2024	Lodz/Poland
		JUNIOR					
		MASTER M1 (50-59)	150 m.	Aris IOANNIDIS	Greece	25-Oct-2020	Athens/Greece
		MASTER M1 (50-59)	155.5 m.	Aris IOANNIDIS	Greece	27-Apr-2024	Athens/Greece
		MASTER M2 (60-69)					
		MASTER M3 (70-...)					
		SPECIAL NEEDS	117.5 m.	Alessandro CIANFONI	Italy	27-Apr-2024	Athens/Greece
	WOMEN	SENIOR	210.80 m.	Julia KOZERSKA	Poland	1-Apr-2023	Debica/Poland
		JUNIOR					
		MASTER M1 (50-54)	164.77 m.	Livia BREGONZIO	Italy	9-May-2023	Kuwait
		MASTER M3 (60-64)					
		MASTER M5 (70-...)					
		SPECIAL NEEDS	62 m.	Ilenia COLANERO	Italy	21-Apr-2024	Torino/Italy

		05 - SPE100 - SPEED 100 (POOL-50 m.)					
		Category	Record	Athlete	Country	Date of Record	Place of Record
05 SPEED 100 50 m	MEN	SENIOR	00:30.605	Malte STRIEGLER	Germany	15-Jun-2018	Lignano/Italy
		JUNIOR					
		MASTER M1 (50-59)	00:45.20	Aris IOANNIDIS	Greece	9-May-2023	Kuwait
		MASTER M2 (60-69)	00:54.48	Alberto Franco GIANNINI	Switzerland	9-May-2023	Kuwait
		MASTER M3 (70-...)					
		SPECIAL NEEDS					
		WOMEN	SENIOR	00:35.860	Vera YAROVITSKAYA	Russia	15-Jun-2017
	JUNIOR						
	MASTER M1 (50-59)		00:56.63	Dagmar ANDRES-BRÜMER	Germany	14-Jun-2022	Belgrade/Serbia
	MASTER M2 (60-69)						
	MASTER M3 (70-...)						
	SPECIAL NEEDS						

		06 - END4X50 - ENDURANCE 200 m. (4x50) (POOL-50 m.)					
		Category	Record	Athlete	Country	Date of Record	Place of Record
06 END 4 x 50 50 m	MEN	SENIOR	01:19.76	Mikhail DROZDOV	CMAS	10-May-2023	Kuwait
		JUNIOR	01:54.65	Emil LORENZ	Germany	10-May-2023	Kuwait
		MASTER M1 (50-59)	01:42.38	Laurent BREIDENBACH	France	10-May-2023	Kuwait
		MASTER M2 (60-69)	02:41.25	Alberto Franco GIANNINI	Switzerland	10-May-2023	Kuwait
		MASTER M3 (70-...)					
		SPECIAL NEEDS					
		WOMEN	SENIOR	01:33.86	Chiara ZAFFARONI	Italy	10-May-2023
	JUNIOR		02:02.31	Adasu RAMAZANOĞLU	Türkiye	10-May-2023	Kuwait
	MASTER M1 (50-59)		03:12.45	Natasa BOSKOVIC	Serbia	10-May-2023	Kuwait
	MASTER M2 (60-69)						
	MASTER M3 (70-...)						
	SPECIAL NEEDS						



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		07 - END8X50 - ENDURANCE 400 m. (8x50) (POOL-50 m.)					
		Category	Record	Athlete	Country	Date of Record	Place of Record
07 END 8 x 50 50 m	MEN	SENIOR	03:25.720	Mikhail DROZDOV	Russia	22-Jun-2019	Istanbul/Turkey
		JUNIOR					
		MASTER M1 (50-59)	06:05.90	Aris IOANNIDIS	Greece	11-May-2023	Kuwait
		MASTER M2 (60-69)					
		MASTER M3 (70-...)					
		SPECIAL NEEDS					
	WOMEN	SENIOR	04:10.19	Chiara ZAFFARONI	Italy	10-May-2023	Kuwait
		JUNIOR					
		MASTER M1 (50-59)	06:23.45	Heike MONIKA SCHWERDTNER	Germany	10-May-2023	Kuwait
		MASTER M2 (60-69)					
		MASTER M3 (70-...)					
SPECIAL NEEDS							

		08 - END16X50 - ENDURANCE 800 m. (16x50) (POOL-50 m.)					
		Category	Record	Athlete	Country	Date of Record	Place of Record
08 END 16 x 50 50 m	MEN	SENIOR	09:10.030	Max POSCHART	Germany	19-Jun-2019	Istanbul/Turkey
		JUNIOR					
		MASTER M1 (50-59)	15:00.87	Aris IOANNIDIS	Greece	12-Jun-2022	Belgrade/Serbia
		MASTER M2 (60-69)					
		MASTER M3 (70-...)					
		SPECIAL NEEDS					
	WOMEN	SENIOR	10:41.120	Evgeniia KOZYREVA	Russia	23-Jun-2021	Belgrade/Serbia
		JUNIOR					
		MASTER M1 (50-59)	16:29.31	Dagmar ANDRES-BRÜMER	Germany	12-Jun-2022	Belgrade/Serbia
		MASTER M2 (60-69)					
		MASTER M3 (70-...)					
SPECIAL NEEDS							

		09 - DNF - DYNAMIC NO FIN (POOL-25 m.)					
		Category	Record	Athlete	Country	Date of Record	Place of Record
09 DYNAMIC NOFIN 25 m	MEN	SENIOR	220.70 m.	Vanja PELES	Croatia	28-Mar-2021	Sisak/Croatia
		JUNIOR					
		MASTER M1 (50-59)	159.40 m.	Andras MAYER	Hungary	4-Nov-2023	Budapest/Hungary
		MASTER M2 (60-69)					
		MASTER M3 (70-...)					
		SPECIAL NEEDS	100 m.	Alessandro CIANFONI	Italy	20-Nov-2022	Sabbiadoro/Italy
	WOMEN	SENIOR	209.30 m.	Magdalena SOLICH TALANDA	Poland	5-Nov-2022	Budapest/Hungary
		JUNIOR					
		MASTER M1 (50-59)					
		MASTER M2 (60-69)					
		MASTER M3 (70-...)					
SPECIAL NEEDS		57.80 m.	Ilenia COLANERO	Italy	7-May-2023	Torino/Italy	



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		10 - DYN - DYNAMIC WITH FIN (POOL-25 m.)					
		Category	Record	Athlete	Country	Date of Record	Place of Record
10 DYNAMIC WITH FIN 25 m	MEN	SENIOR					
		JUNIOR					
		MASTER M1 (50-59)					
		MASTER M2 (60-69)					
		MASTER M3 (70-...)					
		SPECIAL NEEDS	134.60 m.	Fabrizio PAGANI	Italy	20-Nov-2021	Lignano/Italy
	WOMEN	SENIOR	230.50 m.	Mirela KARDASEVIC	Croatia	27-Mar-2021	Sisak/Croatia
		JUNIOR					
		MASTER M1 (50-59)					
		MASTER M2 (60-69)					
		MASTER M3 (70-...)					
		SPECIAL NEEDS	105.80 m.	Ilenia COLANERO	Italy	6-May-2023	Torino/Italy